

Medical Hydrogeochemistry of Iraqi Sulfurous Springs

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1. Introduction

Hydrostatic pressure has effects mainly on cardiovascular and urinary systems; central blood redistribution. Buoyancy enables having easily lying position and ability to float and causes mechanical relaxation. Viscosity affects resistance of motion through water. Water immersion: pain – muscle spasms, increased metabolites. All these factors depend on many physico-chemical parameters shown in Table 2. So, sixteen springs in the Western Desert of Iraq were investigated and assessed for medical purposes.



Fig 1: View of spring (8H) in table 1.

2. Objective:

Due to the health effects which are:

- **Thermal:** Analgesic, Muscle relaxation, Anti-Inflammatory.
- **Mechanical:** Hydrostatic pressure, Buoyancy and Viscosity.
- **Chemical:** Absorption of trace elements.

This study aims to Assess the spring water for the medical uses (Spa)

3. Results:

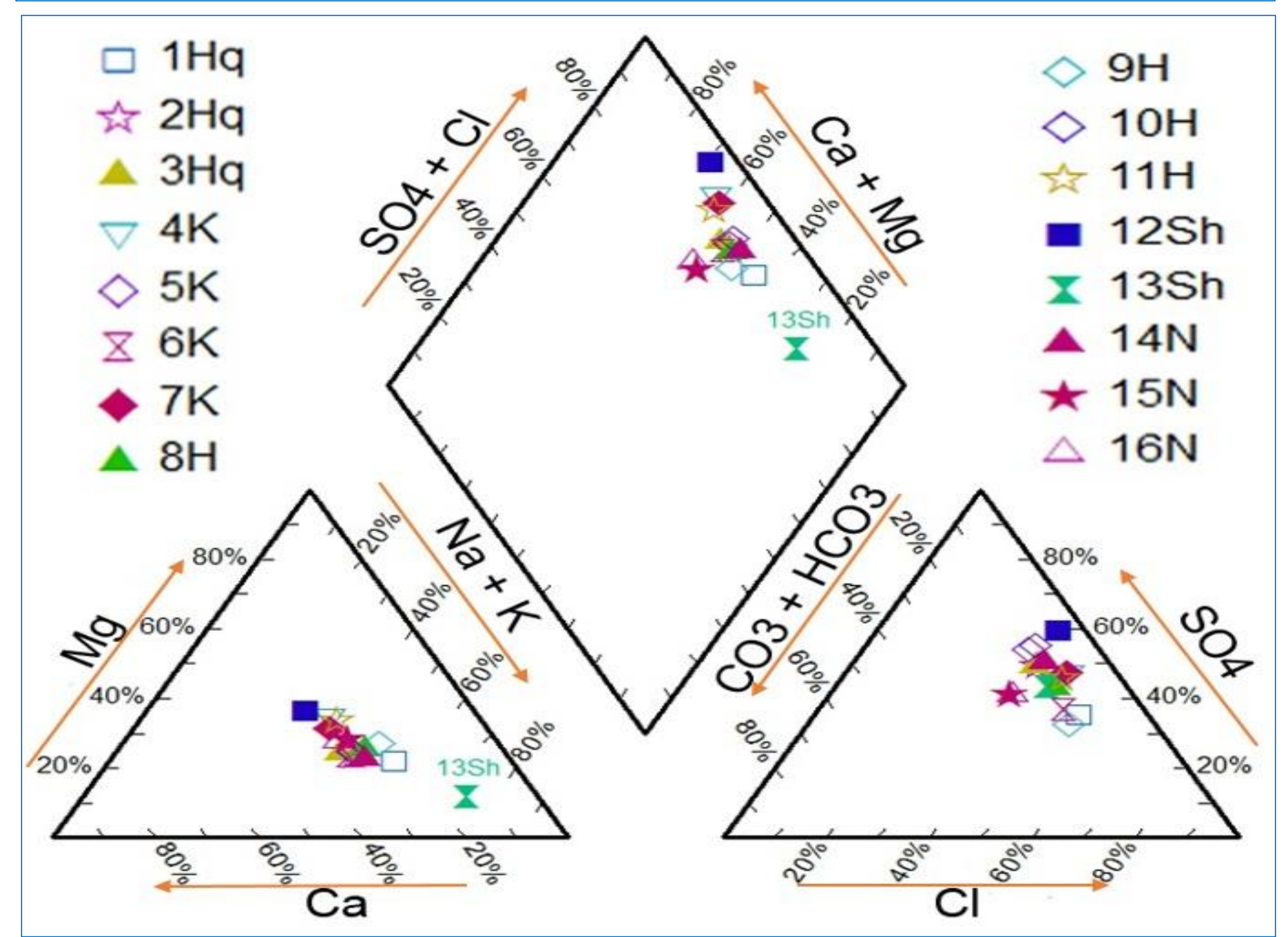


Fig 2: Piper diagram displays the spring water chemo-facies

Table 1: Dominant ions in the spring waters

S.no	Type		Family	Group
	Anions	Cations		
1Hq	rCl>SO ₄ >HCO ₃	rNa>Ca>Mg>K	Na- Cl ₄	Cl
2Hq	rSO ₄ >Cl>HCO ₃	rNa>Ca>Mg>K	Na-SO ₄	SO ₄
3Hq	rSO ₄ >Cl>HCO ₃	rNa>Ca>Mg>K	Na-SO ₄	SO ₄
4K	rSO ₄ >Cl>HCO ₃	rNa>Ca>Mg>K	Na- SO ₄	SO ₄
5K	rSO ₄ >Cl>HCO ₃	rNa>Mg>Ca>K	Na- SO ₄	SO ₄
6K	rCl>SO ₄ >HCO ₃	rNa>Ca>Mg>K	Na- Cl	Cl
7K	rSO ₄ >Cl>HCO ₃	rNa>Mg>Ca>K	Na- SO ₄	SO ₄
8H	rSO ₄ >Cl>HCO ₃	rNa>Ca>Mg>K	Na- SO ₄	SO ₄
9H	rCl>SO ₄ >HCO ₃	rNa>Ma>Ca>K	Na- Cl	Cl
10H	rSO ₄ >Cl>HCO ₃	rNa>Ca>Mg>K	Na- SO ₄	SO ₄
11H	rSO ₄ >Cl>HCO ₃	rMg>Ca>Na>K	Mg- SO ₄	SO ₄
12Sh	rSO ₄ >Cl>HCO ₃	rNa>Mg>Ca>K	Na- SO ₄	SO ₄
13Sh	rSO ₄ >Cl>HCO ₃	rNa>Ca>Mg>K	Na- SO ₄	SO ₄
14N	rSO ₄ >Cl>HCO ₃	rNa>Ca>Mg>K	Na- SO ₄	SO ₄
15N	rSO ₄ >Cl>HCO ₃	rNa>Ca>Mg>K	Na-SO ₄	SO ₄
16N	rSO ₄ >Cl>HCO ₃	rNa>Ca>Mg>K	Na- SO ₄	SO ₄

Table 2: Parameters compared to the *European Union, 2009 and US spas (Lund, 1996 and Eaton, 2004)*; S=suitable for balneology; X=exceed limited

Indications	1Hq	2Hq	3Hq	4K	5K	6K	7K	8H	9H	10H	11H	12Sh	13Sh	14N	15N	16N
TDS	>1500	S	S	S	S	S	S	S	S	S	S	S	S	S	X	S
EC	>2310	S	S	S	S	S	S	S	S	S	S	S	S	S	X	S
Ca ²⁺	>150	S	S	S	S	S	S	S	S	S	S	S	S	S	X	S
Mg ²⁺	>50	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S
Na ⁺	>200	S	S	S	S	S	S	S	S	S	S	S	S	S	X	S
K ⁺	0-90	S	S	S	S	S	S	S	X	X	S	S	S	S	S	S
SO ₄ ²⁻	>200	S	S	S	S	S	S	S	S	S	S	S	X	S	S	S
Cl ⁻	0-1300	S	S	S	S	S	X	X	X	X	X	S	S	S	S	S
HCO ₃ ⁻	0-700	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S
F	>1	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S
Pb	<4	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S
Zn	<5	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S
Cd	3x10 ⁻⁶	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S
Fe	0.023	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S
Mn	0.023	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S
Cu	5x10 ⁻⁶	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S
Br	9.7	S	S	S	S	X	X	X	X	X	X	S	S	S	S	S
F	>1	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S
Sr	5.3	S	S	S	S	S	S	X	X	X	X	S	S	X	X	X
Al	0.02	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S
As	6x10 ³	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S
Cr	35x10 ⁻⁵	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S
Hg	7x10 ⁻⁶	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S
Se	3x10 ⁻⁵	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S
Pb	<4	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S
Zn	<5	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S
Cd	3x10 ⁻⁶	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S
Fe*	0.023	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S
Mn	0.023	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S
Cu	5x10 ⁻⁶	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S

4. Conclusions:

- **pH** is slightly alkaline; **EC and TDS**; Excessively Mineralized Water; **Temperature**: Tepid Springs: (25- 34°C);
 - **Hydrochemical facies**: Family (sodium – sulfate, sodium – chloride); **group** (sulfate and chloride).
 - **Physicochemical parameters**: Mostly are suitable (see Table 2).
 - **Trace elements**: Suitable
- Consequently, Iraqi sulfurous springs can be considered as medicinal sites, could go towards establishing an international health tourism in terms of balneology.

5. References

- Eaton, J.2004: *Balneotherapy, hydrotherapy–therapeutic study*. The healing properties of the Tecopa hot spring manual water. [http:// www.delightshotspringsresort,balneotherapy.html](http://www.delightshotspringsresort,balneotherapy.html).
- Lund, J. 1996: *Balneological use of thermal and mineral waters*, vol25, No. 1. Elsevier Science, Great Britain, 103–147.